



- Shampoo/Conditioner in 1
- Body Wash
- Toothpaste
- Toilet Wipes or Baby Wipes
- Deodorant
- Q-Tips
- Facial & Body Lotion
- Wet Ones Antibacterial Hand Wipes
- Hand Sanitizer (Travel Size)
- Snacks (I find it easiest to ship individual size snacks)
- Nuts
- Sunflower Seeds
- Beef Jerky
- Mug Cakes
- Crackers
- Granola Bars
- Fruit Snacks
- Candy/Chocolate
- Ground Coffee (No K-Cups)

- Flavored Coffee Creamer (Powder or the small individual ones that do not require refrigeration)
- Juice (Juice boxes or small plastic bottles)
- Individual powder drink mixes
- Mio drink mixes
- Any snacks that would be easy to ship